

Please ring me,
I would like to hear from you:

*God grant me the serenity
to accept the things
I cannot change . . .*

*Courage to change
the things I can . . .*

*and Wisdom
to know the difference*

I AM ADDICTION

I start in a small subtle ways promising many things,

I promise you enjoyment and pleasure beyond your wildest dreams, I deliver guilt & despair more horrible than your worst nightmare,

I promise you power & courage, I give you feelings of powerlessness & hopelessness,

I will force you to live in fear always,

I promise you relief and escape from all your daily problems, I create for you greater problems than you ever imagined,

I promise you many friends, I allow you only isolation,

I promise happiness, I create much sorrow,

I will steal from you your dignity, your families, your friends, your children, your homes, your demons, your spirit & your life, for love, freedom & happiness are impossible to find in my presence,

So never underestimate me, I am devious & manipulating, I have no preferences as to who I pick as my victim, rich or poor, young or old, black, white, yellow or red,

I have killed men, women & children, I have no conscience.

So if you have met me, always be aware if you think you can beat me, that I will be gone from your life and all will go well again.

Never forget that I will always be there, waiting in the dark shadows just around the corner.

I am very patient and I will laugh in your face if I can lure you into my evil world of hell on earth once again.

Author anonymous, published in good faith.

***Don't let this happen to you,
give Gamblers Anonymous 90 days***

**Gamblers Anonymous
www.gamblersanonymous.org.uk**